

# WOMEN IN MEDICINE MENTOR PROGRAM



**BROWN**  
Alpert Medical School

## About the Women in Medicine Mentor Program...

The Women in Medicine Mentor Program promotes connections between women medical students early in their educational and professional studies, with women physicians based at Brown affiliated hospitals and in the community. Through informal meetings with their mentors, students can learn about a medical specialty, a field of health care delivery, or a specific career choice from the perspective of a woman physician. This is also an opportunity for students to consider ways of shaping their career goals in medicine.

### The primary objectives of the Mentor Program are to:

- link women students with physician role models;
- offer students opportunities to meet with women medical faculty, residents, fellows, and community-based physicians from different specialties and settings;
- clarify personal and professional goals through individual and group mentoring; and
- advance the importance of networking.

### How does the Mentor Program work?

Students and physicians are invited to participate in the program by completing the form below and returning to the Office of Women in Medicine. Mentors and mentees are matched as closely as possible based on their interests and backgrounds. Students may also identify a mentor by sending an e-mail with their interests to [officeofwomeninmedicine@brown.edu](mailto:officeofwomeninmedicine@brown.edu).

### Students contact their mentors to schedule an initial appointment.

The student contacts her mentor to schedule their first meeting. She may arrange to meet informally with her mentor to consider career paths, to discuss issues related to women in medicine, or to observe her mentor in the clinical setting. Mentors and mentees determine follow-up meeting dates. Setting up a schedule to get together periodically (e.g. twice a semester or monthly) is valuable to the mentoring relationship. The Office of Women in Medicine will hold a reception for mentors and mentees in the fall semester.

## What are some topics of discussion for mentors and mentees?

Some of the themes that students and mentors have considered include:

- residency training
- blending family and career
- medical specialty interests
- women in academic medicine
- women in leadership positions
- women's health
- career integrating research and clinical responsibilities
- MD/PhD programs
- Specialized health care delivery (e.g. primary care, public health, women's health, international health, rural medicine, etc.)

## The role of mentoring in career development

Mentorship is an important component of career development which can influence one's career path and establish long-term professional relationships. Over time, working with multiple mentors offers a variety of perspectives and establishes a broad professional network. Programs like this that facilitate these relationships early in a student's career provide a strong foundation for future success.

We encourage students to take advantage of the program, and thank physicians in advance for their willingness to serve as mentors. If you would like to participate, please complete the form below and return it to the Office of Women in Medicine. Matches will be made this fall. We look forward to hearing from you and welcome your questions.

Debra Abeshaus  
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The Warren Alpert Medical School of Brown University  
Box G-A1  
Providence, RI 02912  
Tel: 401.863.2450/7960  
Fax: 401.863.7411



## Women in Medicine Mentor Program Student Mentee Form

Yes, I would like to participate in the Women in Medicine Mentor Program.

\_\_\_\_ Please send me the name of a mentor to contact for an appointment.

\_\_\_\_ I would be interested in participating in a small mentoring group.

Name: \_\_\_\_\_ M.D. Class of: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_  
(City) (Zip)

Telephone: ( ) \_\_\_\_\_

E-mail address: \_\_\_\_\_

over

**INTERESTS:** Please jot down interests related to medicine and avocations.

Thank you.

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**Thank you. Please return this form to:**

Women in Medicine Mentor Program  
The Warren Alpert Medical School of Brown


University  
Box G-A1

Providence, RI 02912  
Or use Campus Mail

8/09

**Please check off any specialty areas of interest:**

- Anesthesiology
  - Cardiology
  - Critical Care
  - Medicine
  - Dermatology
  - Diagnostic Radiology
  - Emergency Medicine
  - Endocrinology
  - Family Practice
  - Gastroenterology
  - Geriatrics
  - Hematology
  - Immunology
  - Infectious Disease
  - Internal Medicine
  - Med/Peds
  - Nephrology
  - Neurology
- \_\_\_\_\_
- Other \_\_\_\_\_
- Neurosurgery
  - Obstetrics/Gynecology
  - Oncology
  - Ophthalmology
  - Orthopaedic Surgery
  - Otolaryngology
  - Pathology
  - Pediatrics
  - Plastic Surgery
  - Psychiatry
  - Public Health
  - Pulmonary Medicine
  - Rheumatology
  - Surgery
  - Urology
  - Women's Health

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